START HERE

South Dade Food & Essentials Guide

Free meals, groceries, clothing and other help close to home.

Need food today?

Call 211 or 305-631-4211

Free, 24/7. Say your ZIP code and ask for a meal or food pantry open today. If you walk or take the bus, ask for a location you can reach.

211 Miami

LOCAL PLACES TO START

Hot lunch • Homestead Soup Kitchen

Free walk-up lunch, Mon., Wed. and Fri., noon to 1 p.m. • 105 SW 3rd Ave., Homestead, FL 33030

305-245-7448 Hours & details

Groceries • Florida City/Homestead Resource Center

Call to ask for a food referral and get pickup instructions.

305-247-2068 Referral details

Clothing & shoes • Closet of Living Hope

Call for an appointment. 225 SW 2nd Ave., Building 2, Homestead, FL 33030.

786-860-2047 Provider website

South Dade Basic Needs Portal

Scan for more local resources. Before a trip, confirm hours, availability and whether you need an appointment.

lnk.bio/bnmhelp

MEALS & GROCERIES

Find food in South Dade

Call before you go. Ask about pickup hours, ID, registration and walk-up access.

HOMESTEAD, FLORIDA CITY & NARANJA

Homestead Soup Kitchen

Free walk-up hot lunch, Mon., Wed. and Fri., noon to 1 p.m.

105 SW 3rd Ave., Homestead, FL 33030

305-245-7448 Program details

Homestead Food Pantry • First United Methodist Church

Monthly grocery pickup. Call to confirm the next pickup and what to bring.

622 N. Krome Ave., Homestead, FL 33030

305-248-4770 Program details

Florida City/Homestead Community Resource Center

Call and request a food referral. Staff will tell you where and when to pick up.

1600 NW 6th Ct., Florida City, FL 33034

305-247-2068 Program details

Naranja Community Resource Center

Call to ask about upcoming food distributions or a nearby pantry referral.

13955 SW 264th St., Miami, FL 33032

305-258-5471 Program details

MORE GROCERY OPTIONS • SOUTHWEST MIAMI

CityReach Ministries

Call for the next grocery pickup and ask about clothing or shoes.

12236 SW 128th St., Miami, FL 33186

305-259-7677 Program details

Matthew 25 Food Pantry

Call for Wed. or Thu. intake. Enrolled clients: check the Saturday calendar.

14205 SW 142nd Ave., Miami, FL 33186

305-964-7816 Intake & calendar

FIND A DISTRIBUTION OR PANTRY NEAR YOUR ZIP CODE

Farm Share South Florida event calendar Pantry search

Feeding South Florida Pantry and program map Food distribution 954-518-1857

CLOTHING, DIAPERS & MORE

Find everyday essentials

Start with the provider below or call 211 for a referral close to you.

CLOTHING, BABY SUPPLIES & PERSONAL CARE

Closet of Living Hope

Free clothing and shoes, as available. Call for an appointment.

225 SW 2nd Ave., Building 2, Homestead, FL 33030

786-860-2047 Program details

Miami Diaper Bank • Mobile Diaper Pantry

Apply online for diaper assistance. Check the eligibility and document list before registering.

305-926-3815 Eligibility & registration

Hygiene supplies, period products or a shower

Ask 211 to locate a nearby program with the items or services you need.

211 211 Miami

FOOD BENEFITS FOR FAMILIES

Homestead/Florida City WIC Center

Call for an appointment and ask about nutrition benefits for eligible families.

753 W. Palm Dr., Miami, FL 33034

786-336-1300 Program details

Florida SNAP • Help buying groceries

Apply through Florida DCF's MyACCESS portal. Call for help with the application.

850-300-4323 How to apply

Need a place to stay? Miami-Dade Homeless Helpline **1-877-994-4357**